

IAGLCWDC Line Dance Competitions 2010-2011

Step Sheet for

**Simplemente**

(A.K.A. Heaven Sent)

*Choreographed by Kate Sala*

Description: 32 Count, 4 Wall Line Dance

IAGLCWDC Division: Intermediate

IAGLCWDC Music Selection: "Simplemente", sung by Chayanne, 88 BPM, CD: Simplemente

- 1-8 FORWARD ROCK AND STEP BACK, BACK ROCK AND STEP FORWARD, FORWARD ROCK, TURN ½, FORWARD LOCK STEP**
- 1&2** Rock right forward, recover to left, step right back  
**3&4** Rock left back, recover to right, step left forward  
**5&6** Rock right forward, recover to left, turn ½ right and step right forward  
**7&8** Step left forward, lock right behind left, step left forward
- 9-16 STEP, FULL TURN LEFT, COASTER STEP, ROCK FORWARD, BACK, CROSS, STEP BACK, SIDE, CROSS**
- 1&2** Step right forward, turn ½ left (weight to left), turn ½ left and step right back  
**3&4** Step left back, step right together, step left forward  
**5&6** Step right forward, step left diagonally back, lock right over left  
**7&8** Step left diagonally back, step right to side, cross left over right
- 17-24 CHASSE RIGHT, SWAY LEFT AND RIGHT, CHASSE LEFT WITH TURN ¼ LEFT, STEP, PIVOT ½ LEFT**
- 1&2** Step right to side, step left together, step right to side  
**3-4** Step left to side and sway hips left, sway hips right (weight to right)  
**5&6** Step left to side, step right together, turn ¼ left and step left forward  
**7-8** Step right forward, turn ½ left (weight to left)
- 25-32 FORWARD LOCK STEP, CROSS, SIDE, BACK, SWEEP BACK, SIDE, STEP FORWARD, FORWARD LOCK STEP**
- 1&2** Step right forward, lock left behind right, step right forward  
**3&4** Cross left over right, step right to side, step left back  
**5&6** Sweep right front to back and cross right behind left, step left to side, step right forward  
**7&8** Step left forward, lock right behind left, step left forward